

# LLYSFASI SPIRITUALITY WORKSHOP

## APPLICATION FORM

Full Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

PostCode \_\_\_\_\_ Tel \_\_\_\_\_ Mobile \_\_\_\_\_

E-mail address \_\_\_\_\_

Date of birth \_\_\_\_\_

Present Occupation \_\_\_\_\_

What has helped you most in your own soul journey?

What external influences have been most powerful for you in the last 5 years or so?  
(e.g. books, films, theatre, events ... please give a couple of examples)

We would appreciate your reflections on the stepping stones which have led you to apply for LLYSFASI at this point in your life. Some people find it helpful to use e.g. drawings, symbols, the odd line of poetry to express these ponderings. A sheet of A4 would be fine.

Do you find yourself being a listener for others - if so in what kind of context?

What have been your experiences of being accompanied and what has been most helpful for you in the accompaniment you have received?

What qualities do you think you bring to the process of listening to another?

If you are frequently involved in listening to others, what kind of support do you have, if any, for this kind of ministry?

Have you any experience of the Spiritual Exercises of St Ignatius of Loyola?  
(e.g. in daily life retreat, residential 8 day, 30 day or on-going accompaniment. You may also wish to include any other workshops or formation based on the Exercises)

Who was your accompanier in this experience?

What are you hoping for in coming to this Workshop?

Are you currently, or have you recently been engaged in the process of psychotherapy or counselling?

Are you currently taking any mood-changing medication?

Where did you hear about Llysfasi?

Please provide two referees. The forms they need are available for you to print alongside this form. They should be sent to Mary Rose Fitzsimmons at the address below.

Referee 1 \_\_\_\_\_

Referee 2 \_\_\_\_\_

Please specify any dietary and/or other special needs.

Signed:

Date:

**PLEASE SEND YOUR COMPLETED APPLICATION FORM TO:**

Mary Rose Fitzsimmons  
168 Tarbock Road  
Huyton  
Liverpool L36 0SE

Closing date for applications is July 1st.

(Enquiries after this date could be worthwhile as there are sometimes cancellations but in general early application is advisable.)

Your application form and references are treated in the strictest confidence.