

# LLYSFASI SPIRITUALITY WORKSHOP

## REFERENCE

Name of applicant \_\_\_\_\_

Name of referee \_\_\_\_\_

Address of referee \_\_\_\_\_

*This person has applied for a place at the above Workshop which lasts sixteen days and requires a capacity for and commitment to deep personal reflection. The process also needs people who have an openness and generosity of spirit in listening to and sharing with others - all of which will be facilitated in a safe and boundaried environment. Participants are from a wide variety of backgrounds in relation to work and life experience as well as religious denomination.*

*The Spiritual Exercises of St Ignatius of Loyola form the backcloth to the Workshop but it is not necessary for the applicant to have direct knowledge or experience of them.*

*We look for participants who honour and reflect on their own soul journey and wish to develop as discerning listeners and soul companions for others.*

***How long have you known this person and in what capacity?***

***What do you perceive to be their qualities as a listener?***

***What is your experience of their ability to respect confidentiality and keep boundaries?***

***The Workshop is experienced by many as being very rewarding but does demand emotional stability and spiritual maturity. In your view, would the applicant have sufficient personal awareness of the kind which could sustain a commitment to this experience?***

***Please will you comment on the gifts and strengths of this person especially in relation to their ability to contribute to a group setting dedicated to experiential learning.***

***Do you wish to add anything more which may help us discern the suitability of this person?***

**SIGNED \_\_\_\_\_ DATE \_\_\_\_\_**

***The closing date for applications is July 1st.***

***This reference is confidential and will only be used for the purpose of selecting suitable applicants for the Llysfasi Spirituality Workshop. It will then be destroyed.***

***Thank you very much for your co-operation.***

***Please return to:***

***Mary Rose Fitzsimmons  
168 Tarbock Road  
Huyton  
Liverpool L36 0SE***